PSHE/RSHE Implementation Overview

2026 - 2027



SUBJECT LEAD/TEAM

Cath SImpson: PHSE and RSE Lead

INTENT SUMMARY

At Our Lady of Walsingham Catholic Primary School, Our Relationships and Sex Education (RSE) curriculum is designed with the overarching goal of promoting the holistic development of students, fostering healthy relationships, and empowering them with essential knowledge and skills to make informed and responsible choices in their personal and social lives whilst deepening our relationship with God.

In addition to this, our Personal, Social, Health, and Economic (PHSE) education curriculum is designed to provide a comprehensive and enriching learning experience that empowers students to navigate the complexities of their personal, social, and economic lives.

WEBPAGE LINK

https://www.olwcatholicprimary.org/P-SH-E/

CURRICULUM DESIGN

- PHSE/RSHE: My Life - For healthier, happier children
- RSE: A Journey in Love
- Equality and Diversity: No Outsiders in Our School

INTERVENTIONS & SUPPORT

- PSA intervention
- Mood Tracker Twice Daily
- Theme days/weeks e.g. Anti-Bullying Week
- Collective Worship
- Praise Assemblies
- Forest School
- Puppy Trauma Therapy

GUIDANCE AND DOCUMENTS

- National Curriculum
- Policy
- Curriculum Map
- Knowledge Organisers
- Subject Inclusion Document

ASSESSMENT

- Formative assessment
- Teacher summative assessment